

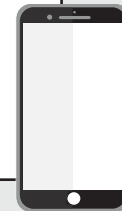
Seeing Scary Stories In the News



You can see and hear news in a lot of places. When you see or hear about something in the news that is scary or confusing, ask an adult that you trust to explain the situation. Here are some ways to start that conversation:

- I heard about something that was scary/confusing at school today. Can we talk about this?
- I saw a scary/confusing picture on a magazine cover. Can you explain this to me?
- I was playing on my phone/tablet and saw something really scary/confusing. Can we talk about this?
- The radio was playing music and then someone said something really scary/confusing. Can you explain this to me?

Don't listen to or watch the same bad news over and over again. Turn off the T.V., or put down your device and go do something FUN!!!



WHEN I WANT TO DO SOMETHING FUN, I LIKE TO ...

