

# Activity Sheet - 3A: I CAN REACH MY GOAL

Name \_\_\_\_\_ Date \_\_\_\_\_

**Start creating your goal by choosing one of the four categories:  
Personal, Academic, Social, or Physical.**

My goal is to \_\_\_\_\_.

My strengths are \_\_\_\_\_.

I can work hard by \_\_\_\_\_.

Someone who supports me in reaching my goal is \_\_\_\_\_.

When I reach my goal, I think I will feel \_\_\_\_\_.



**This is what I will look like when I have reached my goal.**

