

Activity Sheet - 3D: NEGATIVE NATHAN & POSITIVE PATRICE

Name _____ Date _____

Negative Nathan is always thinking negatively when something happens. Positive Patrice has trained her brain to think positively when something happens. Read the scenario. Imagine what Negative Nathan might think to himself and write it in his thought bubble. Imagine what Positive Patrice might think to herself and write it in her thought bubble.

The teacher called on me when I wasn't ready.

Negative Nathan

Positive Patrice

I'm stuck on a challenging math problem.

Negative Nathan

Positive Patrice

My friend is ignoring me.

Negative Nathan

Positive Patrice

A classmate laughed at me.

Negative Nathan

Positive Patrice